

July 3, 2022

Matthew 6:16-18

Fasting with Fidelity

Fasting is a powerful _____ communication tool.

It assists in our _____ and _____ God

because _____ speaks loudly.

Jesus overarching emphasis: Focus on _____ not _____.

Purpose: Change _____ not _____ opinion.

Fasting helps us say to God:

1. I am _____ before you God. Ps 35:13; Is 58:1-8
2. I am _____ for my _____. Neh 9:1-3; Jonah 3:7-10; Acts 9:9
3. I need Your _____. Esther 4:15-16; Ezra 8:23
4. I need Your _____. Matt 4:1-11; Acts 13 & 14

The greatest reward: _____ with God

Application: I will fast and pray for -